

*For goodness sake*

# Don't cross-contaminate

**Make sure that food-borne disease bacteria do not have a chance to transfer from raw foods onto cooked food, or from your body, onto ready to eat foods by:**



- > Ensuring raw meats, especially raw poultry, don't come into contact with cooked or ready to eat foods.
- > Thoroughly washing and sanitising (between use), or using separate chopping boards for cooked and raw foods.
- > Using utensils like tongs and spoons to avoid hand contact with ready to eat food where practical.
- > Securely storing raw poultry and meat (in the fridge) so that it can't drip or make contact with fresh food.

**FOOD SAFETY**   
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